

April 2024

NORTHSIDE

Breakfast Calendar

Breakfast Meal Pattern - K-8th

Select a minimum of 3 components

Fruit/ Vegetable = minimum 1 cup

--fruit juice and/or vegetable

Whole grain rich (WG) selection(s) =

minimum oz -- biscuit, roll, muffin, bread, cereal

1 milk = 1 cup



-- fluid milk

1% and 1% chocolate served daily

Menu is subject to change based on product availability



This institution is an equal opportunity provider.

| | Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|--|---|
| | 1 Super Star Donuts Cinnamon Goldfish 100% Fruit Juice Apple | 2 Pop Tart Cheddar Goldfish 100% Fruit Juice Strawberry Craisins | 3 Cinnamon Toast Cheese Pastry 100% Fruit Juice Banana | 4 Cereal Bar Cheddar Goldfish 100% Fruit Juice Apple Slices | 5 Mini Muffins String Cheese 100% Fruit Juice Apples |
| 8  | | 9 Teddy Grahams Yogurt 100% Fruit Juice Banana | 10 Cereal Bar Cinnamon Goldfish 100% Fruit Juice Raisins Mini Pancakes/Turkey Sausage | 11 Scooby Sticks Yogurt 100% Fruit Juice Apple Slices Chicken Biscuit | 12 Mini Donut Ring String Cheese Apple 100% Fruit Juice |
| | 15 Pop Tart Cold Cereal 100% Fruit Juice Strawberry Craisins | 16 Cinnamon Bun Cheese Stick Banana 100% Fruit Juice | 17 Strawberry Cream Cheese Pastry Cinnamon Goldfish 100% Fruit Juice | 18 Banana Muffin Yogurt 100% Fruit Juice Raisins Breakfast Pizza | 19 Mini Muffins String Cheese 100% Fruit Juice Apples |
| | 22 Mini Muffins Cheese Sticks 100% Fruit Juice Raisins | 23 Chat Snax Yogurt 100 % Fruit Juice Apple Pancake Wrap | 24 Breakfast Bread 100% Fruit Juice Strawberry Craisins | 25 Cereal Bar Cinnamon Goldfish 100% Fruit Juice Cranberries Wg Bagel/Cream Cheese Turkey Sausage | 26 Super Donut Cheddar Goldfish 100% Fruit Juice Apple Slices |
| | 29 Super Star Mini Donuts String Cheese 100% Fruit Juice Apple | 30 Cinnamon Bun Bug Bites 100% Fruit Juice Banana |  | |  |