

Lunch Meal Pattern - K- 8th

Select a minimum of 3 components

meat/ meat alternative =

minimum 1oz daily

--lean meat, poultry, alternative protein,
cheese, egg, nut butter, yogurt

Vegetable = minimum 3/4 cup daily

Fruit = minimum 1/2cup daily

--fruit/juice

whole grain rich (WG) selection (s) =

minimum 1oz daily

--bread, biscuit, roll, pasta, noodle, grain

1 milk = 1 cup

--fluid milk

1% and 1% chocolate served daily

**Menu is subject to change
based on product availability**



**This institution is an equal
opportunity provider.**

MARCH 2024

NORTHSIDE

Lunch Calendar

Mon	Tue	Wed	Thu	Fri
				1 No School 
4 Turkey Sandwich Wg Bun/Cheese Cucumber Slices Pineapple Tidbits	5 Beef Calzone Black Beans Tortilla Chips Apple Juice	6 Brunch 4 Lunch Turkey Sausage & Mini Pancakes Potato Rounds Banana	7 Chicken Nuggets Wg Roll Steamed Broccoli Apple	8 Cheese Pizza Romaine Salad Apple Cherry Juice
11 Meatball Hoagie Hoagie Bun Spiral Fries Sliced Peaches	12 Chicken Taco Wg Tortilla Fiesta Beans Tortilla Chips Apple	13 Chicken Patty Wg Bun Romaine Salad Banana	14 Cheese Pizza Cauliflower Mango Sidekick	15 Turkey Sandwich Wg Bun Broccoli Fruit Punch
18 Chicken Nuggets Baked Beans Applesauce	19 Cheese/Chicken Quesadilla Romaine Salad Salsa Orange Slices	20 Hamburger Wg Bun Steamed Corn Banana	21 Turkey Corn Dog Sweet Potato Fries Apple Juice	22 Cheese Pizza Cucumber Slices 100% Fruit Punch Cheez-its
25 No School	26 No School	27 No School	28 No School	29 No School 
				