

February 2024

NORTHSIDE

Breakfast Calendar

Breakfast Meal Pattern - K-8th

Select a minimum of 3 components

Fruit/ Vegetable = minimum 1 cup

--fruit juice and/or vegetable

Whole grain rich (WG) selection(s) =

minimum oz -- biscuit, roll, muffin,

bread, cereal

1 milk = 1 cup

-- fluid milk

1% and 1% chocolate served daily

**Menu is subject to change
based on product availability**



**This institution is an
equal opportunity
provider.**

Mon	Tue	Wed	Thu	Fri
			1 Pop Tart Cheddar Goldfish 100% Fruit Juice Strawberry Craisins	2 No School
5 Cold Cereal Scooby Sticks 100% Fruit Juice Cranberries	6 Super Donut Cheddar Goldfish 100% Fruit Juice Banana	7 Cereal Bar Cinnamon Goldfish 100% Fruit Juice Raisins	8 Breakfast Bread 100% Fruit Juice Apple Slices	9 Mini Donut Ring Gogurt Apple 100% Fruit Juice
12 No School 	13 Cinnamon Bun Cheese Stick Banana 100% Fruit Juice	14 Strawberry Cream Cheese Pastry Cinnamon Goldfish 100% Fruit Juice 	15 Cereal Bar Yogurt 100% Fruit Juice Raisins	16 Banana Muffins Goldfish 100% Fruit Juice Cranberries
19 No School 	20 Pop Tart Cheese Sticks 100 % Fruit Juice Raisins	21 Cookies & Cream Granola Bar Cold Cereal 100% Fruit Juice Strawberry Craisins	22 Cereal Bar Cinnamon Goldfish 100% Fruit Juice Cranberries	23 Super Donut Cheddar Goldfish 100% Fruit Juice Apple Slices
26 Super Star Mini Donuts GoGurt 100% Fruit Juice Apple	27 Cinnamon Bun Bug Bites 100% Fruit Juice Banana	28 Cold Cereal Chat Snax 100% Fruit Juice Apple Slices	29 Mini Muffin Cheddar Goldfish 100% Fruit Juice Raisins	